LADDER USAGE INSTRUCTION

BEFORE USING THE LADDER

Does your state of health allow you to climb a ladder? Certain health disorders, medications, alcohol or narcotic substances may pose a threat to a person climbing a ladder.

In order to avoid injuries or damage to property, please make certain that the ladder is properly secured when transporting the ladder on the roof of a vehicle.

After placing the ladder and before starting to climb, make certain that all its parts are in order and that it is functioning correctly.

Before climbing the ladder, always inspect the ladder visually and make certain that nothing is damaged on it and that it will be safe to work with.

In order to ensure work safety, it is necessary to periodically inspect the condition of the ladder.

Please make certain that you will be able to perform your planned work when using the ladder.

Do not use the ladder if it is damaged.

Clean and wipe the ladder to remove any contamination, such as wet paint, dirt, grease or snow.

Before using the ladder for work, the risk of using it must be evaluated in compliance with the norms and requirements applicable in the country it is being used in.

OPENING AND SETTING THE LADDER OUT

- The ladder must be opened and placed at the right angle, i.e. the angle must be approximately 1:4, the treads must be in the horizontal position and the back leg must be fully spread out to its maximum.
- When protective gear or equipment is used, it must be inspected to make sure it is secure before starting work.
- The ladder must be placed on a flat, horizontal and stable surface.
- If the ladder is leaned against a surface, it must be leaned against a flat and stable surface and secured before climbing it.
- After placing the ladder in its work position, check for the risk of collision with pedestrians, vehicles or opening doors. If possible, close any doors or windows that are in the work area (except for emergency exits).
- Any electric devices operated in the work area can pose a threat, for instance, the risk of shock as the result of disorderly high voltage wires or other insufficiently secure electric equipment.
- The ladder must be placed only on its feet, not on legs or the treads of stairs.
- The ladder may not be placed on slippery surfaces, for instance, on ice, polished or visibly wet surfaces, where additional protective means must be taken in order to prevent the ladder from slipping. The surfaces on which the ladder is placed must be sufficiently clean to prevent this.

USING THE LADDER

- Do not exceed the maximum permissible loads.
- Do not flex or reach towards anything a large distance away from the ladder. The person working on the ladder must wear a safety belt and stand firmly on one tread with both feet.
- Do not climb the ladder without using additional safety means when working at big heights, i.e. use fastenings or special means of protection.
- Do not use the ladder in order to get to another floor.
- Do not use the three uppermost treads as a platform for standing.
- Do not use the two uppermost treads as a platform for standing without supports for the arms and knees.
- Do not use the four uppermost treads of the ladder with the pull-out upper part/tray as a platform for standing.
- The ladder is intended for short use when performing simple tasks.
- When working in an environment where electric current is on and live, the ladder must be insulated from it and electric current proof.
- Do not stretch wires in the open or in unfavourable weather conditions, for instance, during a strong wind.
- Make certain that no persons pass under the ladder.
- If possible, close any doors or windows in the work area (except for emergency exits).
- Face the ladder when climbing up and down it.
- Keep a firm grip on the ladder when climbing up and down it.
- Do not use the ladder as a bridge.

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- When climbing the ladder, wear proper footwear.
- Avoid tasks which may result in holes in brick or concrete due to side loads against it.
- Do not stand on the ladder for a long period of time without taking periodic breaks (the fatigue may result in risks).
- If the ladder is leaned against a surface when working at larger heights, it must protrude above the point it is leaned against by at least 1m.
- Any objects carried when climbing the ladder must not be too heavy.
- While working, always grip the ladder by at least one hand. If this is not possible, use additional means of protection for safety.

REPAIR AND STORAGE

Any ladder repair work may only be performed by a duly qualified person ora maintenance service authorized by the manufacturer.

Store the ladder in the way stated in the user manual provided by the manufacturer.

WHEN AND WHERE THE LADDER MAY BE USED

The ladder may be used if the duration of the foreseen task is no longer than 30 minutes and the weights being lifted on it are no heavier than 10 kilograms. When leaning the ladder against a surface, the 1:4 Rule must be observed; the surface must be firm, flat and not slippery. The ladder must be securely leaned against a surface at the top (not to a plastic downpipe) and tied. When opening and spreading the ladder out, one must make certain that there is sufficient space for spreading it out to its maximum. When climbing, always keep a firm grip on the ladder, do not attempt to reach out at far distances, make certain that your belt buckle is not outside the ladder's side limits and that both feet are placed on the same tread. The person working on the ladder must always have contact with the ladder at three points: both feet and one hand. While working, do not stand on the uppermost three treads – they are intended for gripping by hands. Avoid working by turning to one side.

Avoid performing tasks which may unbalance the ladder's position (for instance, drilling).

NECESSARY INSPECTION BEFORE USE

Before using it, the ladder and its accessories (struts, locking stay, etc.) must be inspected in the procedures provided in the instructions furnished by the manufacturer. The feet protect the ladder against slipping, so when carrying the ladder from one type of ground to another, it is necessary to make certain that the feet are not dirty and that they are not dragged along the ground.

Ladder inspection video tutorial

https://www.youtube.com/watch?v=lRS1lFgP0uI#t=247